

# **Sierra Dental Group**

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## **POST OP CARE INSTRUCTIONS FOR CROWN PREPARATION APPOINTMENT**

Your tooth has been prepared to receive a crown, or teeth have been prepared to receive crowns &/or bridges. The records taken during this visit will be sent to the laboratory to be used for the fabrication of your crown(s). During this time, there are a few things to be aware of:

- Your tooth/teeth are may be slightly to moderate sore around for 7-10 days. The soreness will mostly be on the gum tissue
- Your jaw may be a little sore also, mostly due to anesthetic injections and for staying open for some time during the crown preparation.
- Some warm salt water can be used to cleanse the crown tooth area.
- With regards to hygiene, gently brush the area for the next few days and try to avoid any vigorous stimulation of the gums. If you leave it alone, it'll recover more quickly.
- Over the counter headache medications – Advil or Motron for example – are usually sufficient to relieve any soreness and post-operative discomfort.
- If due to allergy or other medical conditions, if you are unable to take NSAIDS (Motrin, Advil or Aleve), take Tylenol instead.
- Your personalized temporary crown(s) are there to cover the prepared teeth (to reduce sensitivity) and to occupy space so that adjacent and opposite teeth don't encroach into the cleared space. Provisional crown(s) is/are cemented with temporary cements to allow for easy removal when the definitive crown(s) arrive.
  - o Hard, crunchy or sticky foods could displace or break the temporary crown. Please avoid.
  - o If the temporary crown(s) fall off, please contact the office, regardless of sensitivity.